

## AFFICHAGE DES ALLERGENES PRÉSENTS VOLONTAIREMENT DANS LES MENUS

|  | GLUTEN | LAIT | OEUF | POISSON | SOJA | MOLLUSQUES / CRUSTACÉS | SÉSAME | ARACHIDE | MOUTARDE | LUPIN | CELERI | FRUITS A COQUE | SULFITES |
|-----------------------------------------------------------------------------------|--------|------|------|---------|------|------------------------|--------|----------|----------|-------|--------|----------------|----------|
| Vinaigrette                                                                       |        |      |      |         |      |                        |        |          | X        |       |        |                | X        |
| Pain                                                                              | X      |      |      |         |      |                        |        |          |          |       |        |                |          |
| Fromages et laitages                                                              |        | X    |      |         |      |                        |        |          |          |       |        |                |          |
| Gouters                                                                           | X      | X    | X    |         |      |                        |        | X        |          |       |        | X              |          |
| lundi 1 décembre 2025                                                             |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Déjeuner                                                                          |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Betteraves vinaigrette                                                            |        |      |      |         |      |                        |        |          | X        |       |        |                | X        |
| Salade de haricots beurre                                                         |        |      |      |         |      |                        |        |          | X        |       |        |                | X        |
| Salade verte mélangée bio                                                         |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Omelette en piperade                                                              |        | X    | X    |         |      |                        |        |          |          |       |        |                |          |
| Boudin Noir aux Pommes                                                            |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Riz aux épices                                                                    |        | x    |      |         |      |                        |        |          |          |       |        |                |          |
| Chou fleur bio persillé                                                           |        | x    |      |         |      |                        |        |          |          |       |        |                |          |
| Flan chocolat                                                                     | x      | x    | x    |         |      |                        |        |          |          |       |        |                |          |
| Compote tous fruits                                                               |        |      |      |         |      |                        |        |          |          |       |        |                |          |
|                                                                                   |        |      |      |         |      |                        |        |          |          |       |        |                |          |
|                                                                                   |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Diner                                                                             |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Buffet de hors d'œuvres                                                           |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Salade Composée                                                                   |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Boulettes d'agneau, jus au thym                                                   | X      |      |      |         | X    |                        |        |          |          |       | x      |                |          |
| Gratin de courge et pdt                                                           |        | X    | x    |         |      |                        |        |          |          |       |        |                |          |
|                                                                                   |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Farandole de desserts                                                             |        |      |      |         |      |                        |        |          |          |       |        |                |          |
|                                                                                   |        |      |      |         |      |                        |        |          |          |       |        |                |          |
|                                                                                   |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| mardi 2 décembre 2025                                                             |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Déjeuner                                                                          |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Endives, pommes et noix                                                           |        |      |      |         |      |                        |        |          | X        |       |        | X              | X        |
| Carottes râpées                                                                   |        |      |      |         |      |                        |        |          | X        |       |        |                | X        |
| Salade verte mélangée                                                             |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Sauté de bœuf à l'Indienne (coco, curry)                                          | x      | x    |      |         |      |                        |        |          |          |       | X      | X              |          |
| Filet de lieu Dieppoise                                                           | X      | X    |      | X       |      | X                      |        |          |          |       |        |                |          |
| Épinards à la crème                                                               | X      | X    |      |         |      |                        |        |          |          |       |        |                |          |
| Boulgour                                                                          | X      | x    |      |         |      |                        |        |          |          |       |        |                |          |
| Salade pomme-kiwi                                                                 |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Panna cotta au caramel                                                            |        | x    |      |         |      |                        |        |          |          |       |        |                |          |
|                                                                                   |        |      |      |         |      |                        |        |          |          |       |        |                |          |
|                                                                                   |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Diner                                                                             |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Buffet de hors d'œuvres                                                           |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Salade Composée                                                                   |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Fish burger                                                                       | X      | X    |      | X       |      |                        |        |          |          |       |        |                |          |
| Potatoes                                                                          |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Chou rouge braisé                                                                 |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Farandole de desserts                                                             |        |      |      |         |      |                        |        |          |          |       |        |                |          |
|                                                                                   |        |      |      |         |      |                        |        |          |          |       |        |                |          |

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